

SHELDON'S BODY PERSONALITY

**PERSONALITIES BASED ON YOUR
PHYSICAL APPEARANCE**

Brought to you by:



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**Did You Know That You Can
Check Your Own Characteristics
Based On The**

BODY APPEARANCE ?

Which Body Figure Do You Belong To?



ECTOMORPH



Physically Do you have :

- Narrow shoulders and hips ?
- Thin and narrow face with a high forehead ?
- Thin legs and arms, with very little body fat ?



Psychologically Your characteristics are more likely as follow:

- Self conscious
- Private
- Introverted
- Socially anxious
- Artistic
- Thoughtful

MESOMORPHS



Physically Do you have :

- Mesomorphs between the round endomorphs, and the thin ectomorphs ?
- Large head, board shoulders and narrow waist ?
- Muscular body with little fat ?



Psychologically Your characteristics are more likely as follow:

- Adventurous
- Courageous
- Assertive
- Competitive
- Love risks
- Zest of Physical activity

ENDOMORPH



Physically Do you have :

- Wide hips and narrow shoulders ?
- Pear shaped body figure ?
- Quite a lot of fat spread across the body, arms and thighs ?
- Slim ankles and wrists ?



Psychologically Your characteristics are more likely as follow:

- Sociable
- Fun-loving
- Love food
- Tolerant
- Relaxed
- Love comfort

**However, The
Characteristics Serve As A
Guideline To Let You Know
More About Yourself**

**The Characteristics Can Be
Changed By External Factors
Too !**

